

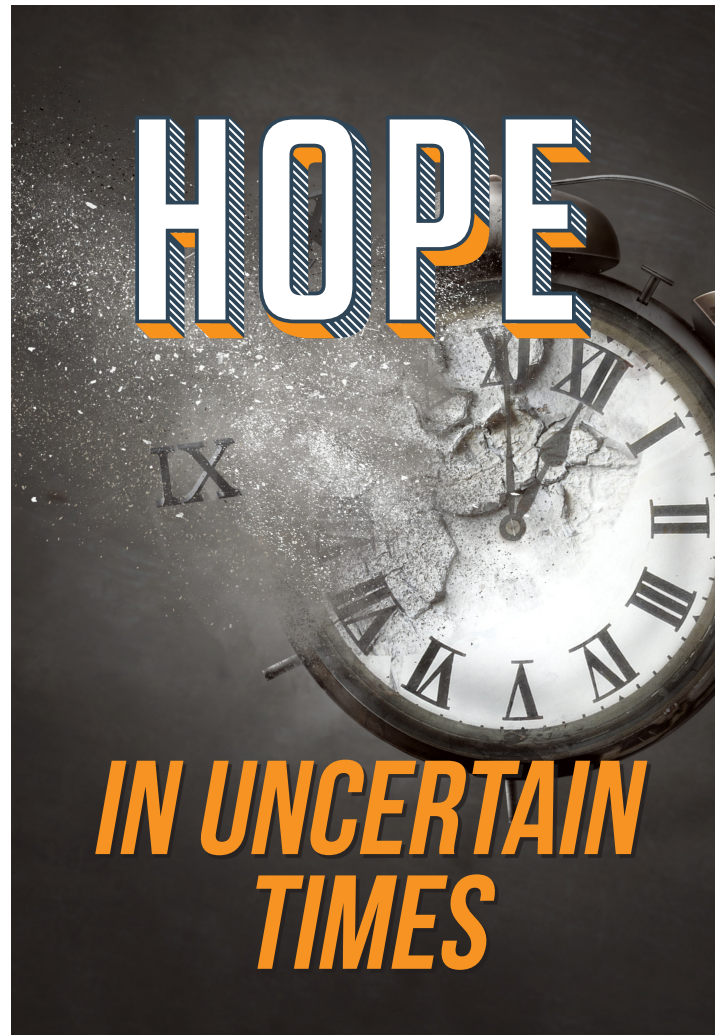
God loves us so much that He sent His own Son to earth in the form of a man, Jesus Christ (John 3:16). He is everything that you could ever want in a friend, a counselor, a guide, and a teacher. Once Jesus comes into your life, His presence is always with you.

If you have not yet found that place of hope, peace, and stability in God's presence, we invite you to receive His Son, Jesus, into your heart. You can receive Jesus by praying the following prayer:

*Dear Jesus, thank You for dying for me so I can have eternal life. Please forgive me for every wrong and unloving thing I have ever done. Come into my heart, give me Your gift of eternal life, and help me to know Your love and peace. Thank You for being with me always, from this moment on. Amen.*

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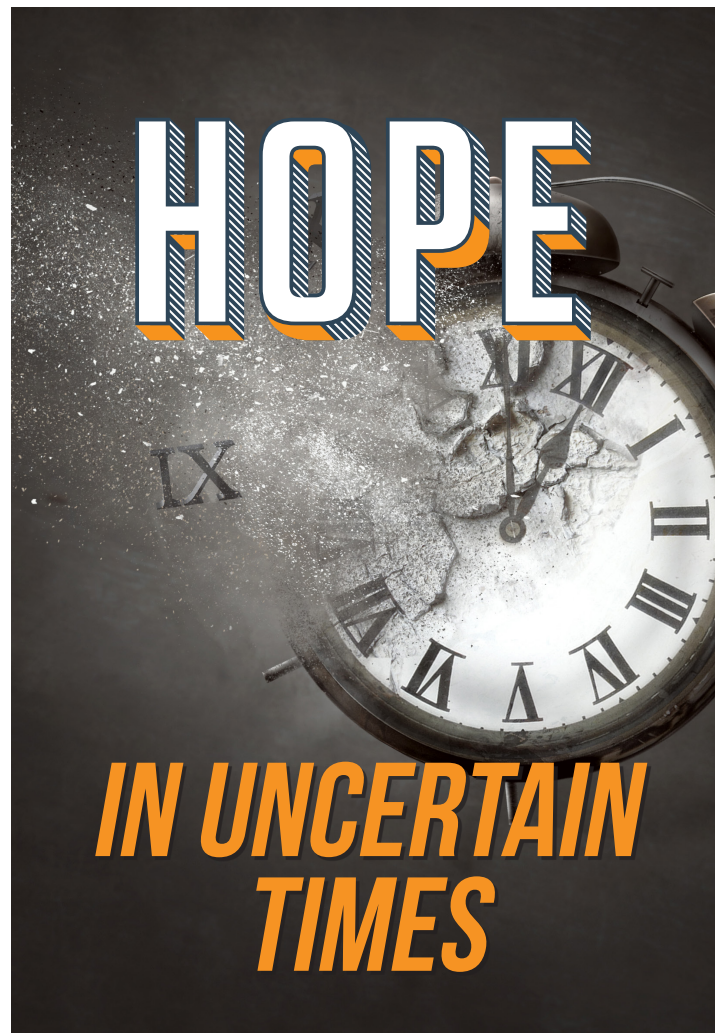
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When the world around us is unstable, whether due to our personal circumstances, economic uncertainties, disease, or civil unrest, it is natural to become destabilized ourselves. When what felt like solid ground begins to feel like shifting sand, the fear can be gripping.—Fear of the future, fear of changes being thrust upon us. Once that happens, our natural tendency is to feel that we must take control of events and take matters into our own hands.

Do you wish you had the assurance that even if you ended up in a risky situation, you would know that no harm would come to you? Does that kind of peace of mind sound unrealistic in this day and age? The good news is that you can find safety and serenity in God—even in the midst of turmoil, even when the proverbial winds of fear blow about you, and the currents of worry threaten to sweep you away.

The Bible lets us know that we can expect to go through some difficult times on this earth (John 16:33). The good news is that God promises to always be there for us. “Even though I walk through

the darkest valley, I will fear no evil, for you are with me” (Psalm 23:4 NIV). “I know the Lord is always with me. I will not be shaken” (Psalm 16:8 NLT).

None of us know what lies ahead. We often can't know if that setback we're facing or the circumstances we're enduring will be gone in a minute or a month, or if they will last a lifetime. What faith knows is that God will not leave us comfortless; He'll be there walking with us through times of trouble.

We live in a world with an increasingly rapid pace of change, and change brings uncertainty. Uncertainty tends to bring worry, stress, and a general feeling of being unsettled. Feeling unsettled, uneasy, and anxious tends to sap your joy and faith, and can leave you feeling frazzled, nervous, distracted, and emotionally exhausted.

The Bible says to “Give all your worries and cares to God, for he cares about you” (1 Peter 5:7 NLT). God wants us to give Him all our cares so that He can bring hope to our heart, peace to our soul, and strength to our life.

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